
















## Isle of Wight Domestic and Sexual Abuse Support Services

Local Support Services		
Provider:	Service Offer:	Contact Details:
<p><b>you first</b></p> <p>Integrated Domestic Abuse and Sexual Crime service</p> 	<p>You Trust offer support, advocacy, help and guidance to female and male victims and survivors of domestic abuse and sexual violence.</p> <p><b>Service offer:</b></p> <ul style="list-style-type: none"> <li>• Services to children who are victims and or instigators</li> <li>• Outreach support</li> <li>• Women's Refuge</li> <li>• Resettlement support</li> <li>• Safety planning</li> <li>• Emotional support, support groups, recovery groups, children and family work</li> <li>• Independent Domestic Violence Advisors (IDVA)</li> <li>• Independent Sexual Violence Advisor (ISVA)</li> </ul>	<p><b>Tel: 0800 234 6266</b></p> <p><b>Email:</b>  <a href="mailto:youfirstiow@theyoustrust.org.uk">youfirstiow@theyoustrust.org.uk</a></p> <p><a href="http://www.youstrust.org.uk">www.youstrust.org.uk</a></p>
 <p>Independent Sexual Violence Advisors</p>	<p>An ISVA is an Independent Sexual Violence Advocate, who offers confidential advice and support to both males and females who have been the victims of recent or historic sexual violence.</p> <p><b>Service offer:</b></p> <ul style="list-style-type: none"> <li>• Practical advice on reporting to the police, the legal process and attending court</li> <li>• Refer you for counselling and other appropriate services</li> <li>• Help to co-ordinate different agencies, such as sexual health, mental health, substance misuse and housing</li> <li>• Liaise with the police for regular case updates, if you choose to report the sexual assault</li> <li>• Regular and ongoing telephone contact and/or face to face meetings and support</li> </ul>	<p>Deborah Gearing ISVA (Mon, Tues, Wed)</p> <p><b>Tel: 07376 083950</b></p> <p>Judi King ISVA (Wed, Thurs, Fri)</p> <p><b>Tel: 07930932249</b></p> <p><b>Email:</b>  <a href="mailto:isva@hamptontrust.org.uk">isva@hamptontrust.org.uk</a>  <a href="http://www.hamptontrust.org.uk">www.hamptontrust.org.uk</a></p>
 <p>Island based Domestic Abuse support service and women's centre</p> 	<p>Wight Dash aim to address the difficulties that domestic abuse, poor mental health, substance misuse, loneliness and isolation and many other factors, cause to women in our community</p> <p><b>Service offer:</b></p> <ul style="list-style-type: none"> <li>• WOW women's centre offering a range of activities and workshops</li> <li>• Freedom Programme</li> <li>• Domestic Abuse Recovery Toolkit</li> <li>• Sexual Violence Recovery Toolkit</li> <li>• Adverse Childhood Experiences Recovery Toolkit</li> </ul>	<p><b>Tel: 01983 300423</b></p>  <p>@isleofwightwomenscentre</p> <p><a href="http://www.wightdash.co.uk">www.wightdash.co.uk</a></p>
 <p>Isle of Wight Children's services (Safeguarding children)</p>	<p>For reporting concerns or seeking further support and guidance around the safety and welfare of a child.</p>	<p><b>Tel: 0300 300 0117</b></p> <p>This number is for the general public and runs 24 hours a day.</p>

 <p>LGBT Hate Crime &amp; Domestic Abuse Support Service</p>	<p>Age UK offer safe, confidential &amp; impartial support on the Isle of Wight for people experiencing hate crime and/or domestic abuse. The service is for people who are: 50 years and older and who identify as Lesbian, Gay, Bisexual, Transgender (LGBT) or non-binary.</p> <p><b>Service offer:</b></p> <ul style="list-style-type: none"> <li>• Information and Advice</li> <li>• Support around Hate Crime</li> <li>• Domestic Violence/Abuse support</li> <li>• Support groups/social group connections</li> <li>• LGBT friendly services &amp; business links</li> <li>• Referral &amp; signposting onwards</li> <li>• Safety advice &amp; information</li> </ul>	<p>Anna Murray – Project worker</p> <p><b>Tel: 01983 525282</b></p> <p><a href="http://www.ageuk.org.uk">www.ageuk.org.uk</a></p>
National Support services		
Provider:	Service Offer:	Contact Details:
 <p>National Domestic Abuse Helpline</p> 	<p>The Freephone 24 Hour National Domestic Violence Helpline, run in partnership between Women's Aid and Refuge, is a national service for women experiencing domestic violence, their family, friends, colleagues and others calling on their behalf.</p> <p>The Helpline can give support, help and information over the telephone, wherever the caller might be in the country. The Helpline is staffed 24 hours a day by fully trained female helpline support workers and volunteers. All calls are completely confidential.</p>	<p><b>Tel: 0808 2000 247</b></p> <p><a href="http://www.nationaldomesticviolencehelpline.org.uk">www.nationaldomesticviolencehelpline.org.uk</a></p>
 <p>Help and support for male victims of Domestic Abuse</p>	<p>Confidential helpline for men experiencing domestic violence from a partner or ex-partner (or from other family members). We help by: giving you time to tell your story; offering emotional support; providing practical advice; signposting you to other services for specialist help.</p>	<p><b>Tel: 0808 801 0327</b> Monday-Friday 9am-5pm</p> <p><b>Email:</b> <a href="mailto:info@mensadviceline.org.uk">info@mensadviceline.org.uk</a></p>
 <p>Help and support for male victims of sexual assault</p>	<p>Survivors UK support sexually abused men as well as their friends and family, no matter when the abuse happened, and challenge the silence and attitudes.</p>	<p>Contact via Txt <b>020 3322 1860</b> Or contact via WhatsApp <b>074 9181 6064</b> <a href="http://www.survivorsuk.org">www.survivorsuk.org</a></p>
 <p>Run by Suzy Lamplugh Trust</p>	<p>Helping and supporting people to stay safe from violence and aggression through the provision of free safety tips, managing the national stalking helpline and delivering community projects.</p>	<p><b>Tel: 0808 80203000</b></p> <p><a href="http://www.suzylamplugh.org">www.suzylamplugh.org</a></p>
 <p>Supporting child victims of abuse</p>	<p>National charity working to prevent abuse and to support children who have been, or are, affected by domestic and sexual abuse.</p>	<p>18 or under: <b>Tel: 0800 1111</b> For adults who are worried about a child: <b>Tel: 0808 800 5000</b> <a href="http://www.childline.org">www.childline.org</a></p>